

ADVANCE CARE DIRECTIVE

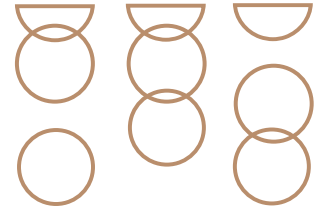
Having an Advance Care Directive can provide you with reassurance, as it ensures that those responsible for your well-being will be informed about your preferences for medical treatment and care in the event that you become unable to communicate or make decisions on your own.



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Disclaimer: The information in this document is of a general nature and does not take into account your own financial objectives, circumstances or needs. You should consider your own personal situation and requirements before making a decision.

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Having an Advance Care Directive can provide you with reassurance, as it ensures that those responsible for your well-being will be informed about your preferences for medical treatment and care in the event that you become unable to communicate or make decisions on your own. Additionally, it may allow you to designate a trusted individual to advocate for you in such situations.

Benefits

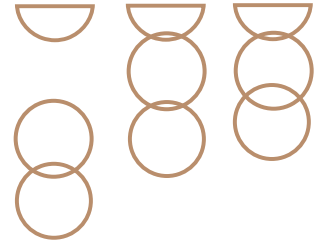
- Establishes a clear decision-making framework for determining care choices.
- Enables you to record your preferences and instructions for healthcare, end-of-life planning, living arrangements, and personal matters in case you lose decision-making capacity.
- Allows you to designate decision-makers to act on your behalf when you are unable to make decisions independently.
- Ensures that your affairs are handled in alignment with your personal wishes and values.

How it works

An Advance Care Directive is a legally binding document that outlines your desires, preferences, and guidelines for various aspects of your life, including living arrangements, personal matters, future healthcare, and end-of-life decisions. This document also grants you the ability to appoint a representative who can make decisions on your behalf if you become incapacitated. It is important to note that an Advance Care Directive does not cover financial or lifestyle decisions, so it should be complemented by a Will and Enduring Powers of Attorney and Guardianship

When selecting a substitute decision-maker, you have the option to appoint a trusted friend or family member either solely, jointly, or in collaboration with a solicitor or professional trustee company. It's essential that the chosen individual feels comfortable assuming this responsibility. To ease this burden, it is advisable to discuss your wishes in advance with your selected person and your family.

You have the flexibility to modify or revoke the directive by creating a new Advance Care Directive.



Key Considerations

- Regularly review your Advance Care Directive to ensure it remains suitable for your current circumstances.
- Be aware that legislation regarding Advance Care Directives and Powers of Attorney varies among Australian States and Territories, necessitating legal counsel to ensure compliance with relevant state laws.
- An Advance Care Directive must be executed while you are mentally competent. You can create a new one at any time (revoking any existing Advance Care Directive) as long as you are mentally capable.
- It's important to note that this document is not a Will and cannot be used to make financial or legal decisions. It is advisable to also contemplate appointing an Enduring Power of Attorney and an Enduring Power of Guardian to handle financial and legal matters in your future.

References

You may wish to refer to the following websites for further information about a transition advanced care directive:

- www.health.gov.au
- www.myagedcare.gov.au